



## Beneficiaries of ComTALK

The principal beneficiaries of ComTALK include women and men living with HIV, their families, adolescents and youth living with HIV. We also work with marginalised and vulnerable youth at risk of HIV and Gender-based violence.

We work throughout Trinidad and Tobago and welcome all persons regardless of sexual orientation, race, ethnicity, religion, class, gender and age.

## Contact Us

If you need more information, would like to volunteer or donate please contact:

**Ms Beverly King**  
Founder and President

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✉ comtalkint@gmail.com

🌐 www.comtalkint.com

📘 www.facebook.com/ComTALK-  
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06717437065

📍 #35 Mango Avenue,  
Santa Rosa Heights, Arima,  
Trinidad and Tobago

*For counselling contact:*

**Ms Jacqueline Reid**  
Counsellor

☎ (868) 795-7932

**Dr Dania Harry-Nero**  
Psychologist

☎ (868) 713-6376

*Get Tested*  
*Take your medication*  
*Get support*



This brochure was developed in partnership  
with the U.S. Embassy, Port of Spain



## Who are we?

ComTALK International (aka ComTALK) is a dynamic, impacting, educational, counselling, advocacy, psychosocial support and referral non-profit community organization. ComTALK was founded in 2000 and formally incorporated as a non-profit organization in July 2011 (Incorporation Number C7143(95))

At ComTALK we are committed to assisting persons infected and affected by HIV irrespective of age, gender, sexual orientation, nationality, disability, religion or belief, to respond positively to associated challenges in the midst of weakening family, community and economic structures.

*At ComTALK We Talk! We Care! We Serve!*

## Our Mission

ComTALK is dedicated to the holistic development and empowerment of persons, resulting in sustained positive behavioural change towards living a full and independent life.

## Our Core Values

At ComTALK we:

- ∞ Respect **Human Dignity and Self-worth**
- ∞ Value **Confidentiality**
- ∞ Are Committed to the **Client's Holistic Self-development**
- ∞ Value **Goal Oriented Living**
- ∞ Facilitate **Positive Behavioural Change**
- ∞ Promote **Empowerment**
- ∞ Encourage **Personal Independence**
- ∞ Promote **Acquisition of up-to-date Knowledge and Skills**
- ∞ Value **Partnership/ Networking**

## What we do

At ComTALK we provide a wide range of services to our clients, their families, communities, the corporate and government sectors. Some of our services include:

### ⌘ **Training/ Capacity Building Workshops and Seminars on:**

- ◆ Life Skills
- ◆ Teambuilding and Leadership
- ◆ Peer Counselling
- ◆ HIV Basics
- ◆ HIV in the Workplace
- ◆ Stigma and Discrimination
- ◆ Health and Wellness
- ◆ Sexual and Reproductive Health
- ◆ Personal, Community and Workplace Resilience
- ◆ Grants and Proposal Writing

### ⌘ **Post Test Club:**

We operate a support group for persons infected and affected by HIV and AIDS, stigma and discrimination



### ⌘ **Out-Reach Programmes:**

We facilitate and host outreach programmes for schools, faith-based organizations, corporate sector, government and communities

### ⌘ **HIV Counselling:**

We are trained to provide counselling before and after being tested for HIV

### ⌘ **Counselling & Psychological Support:**

We can provide Counselling and Psychotherapy for individuals, families and groups

### ⌘ **Psychosocial Support:**

We provide counselling, spiritual support, support to enable disclosure, medication adherence and nutritional support, financial assistance, provision and distribution of hampers, transportation costs, educational supplies and needs of clients children, home visits, housing support, legal assistance

### ⌘ **Asylum Programme:**

Since 2006 ComTALK has been administering an Asylum Programme for Persons Living with HIV in collaboration with our partners in the US, UK and the Netherlands

### ⌘ **Grant and Proposal Writing**

### ⌘ **Programmes on Income Generation, Entrepreneurship Development, and Sustainable Livelihoods**

### ⌘ **Collaboration and implementation of projects**

### ⌘ **Programme implementation, monitoring, evaluation and research**